



Mountain Institute, Inc.

Kriya & Lamplighting Meditation

Retreat Schedule 2026

DATES	EVENTS	LOCATIONS
January 16-17-18	In-Person & Online Retreat	Montrose, CO
February 21-22	Teacher's Retreat	Montrose, CO
March 20-21-22	In-Person & Online Retreat	Montrose, CO
April 24-25-26	In-Person & Online Retreat	Taos, NM
May 22-23-24	In-Person & Online Retreat	Montrose, CO
August 14-15-16	In-Person & Online Retreat	Montrose, CO
September 11-12-13	In-Person & Online Retreat	Taos, NM
October 16-17-18	In-Person & Online Retreat	Montrose, CO
November 14-15	IOP Retreat	Montrose, CO
December 11-12-13	In-Person & Online Retreat	Montrose, CO

All Retreats are available to attend either In-Person or Online.

Note: There may be changes to the Retreat Schedule

Look for updates in the *Newsletter* and on the *Website* at www.MountainInstitute.com